

Published: 3 June 2025

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Katy Roberts, Private Carer	No	Tel: 07591970394 Email: katyrobertspc@gmail.com	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Personal care</li> <li>Support with meals</li> <li>Housework</li> <li>Shopping</li> <li>Appointments</li> <li>Companionship</li> </ul>	<ul><li>Llangollen</li><li>Llandegla</li><li>Bryneglwys</li><li>Llanarmon-yn-lal</li></ul>
Hazel Dorling, Supporting a Friend Everyday (S.A.F.E.)	No	Tel: 07894540356 Email: checkinandchat00@gmail.com	<ul> <li>Older people</li> <li>People with disabilities</li> <li>Bereaved people</li> </ul>	<ul> <li>Personal care (some)</li> <li>Telephone / face to face check in and chat</li> <li>Trips out</li> <li>Bereavement support</li> <li>Advocacy</li> <li>Companionship</li> </ul>	Within a 10 mile radius of Rhyl

Mae'r ddogfen hon ar gael yn Gymraeg. This document is available in Welsh.

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Toni Morgan- Brown, Consistency of Care	No	Tel: 07765534691 or 07810294947 Email: consistencyofcare@gmail.com	<ul><li>People with dementia</li><li>Older people</li></ul>	<ul><li>Live in care</li><li>Personal care</li><li>Respite care</li></ul>	Across Denbighshire
Christie Evans, Indigo Care	No	Tel: 07787757879 Email: indigocare22@gmail.com	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul><li>Personal care</li><li>Housework</li><li>Support with meals</li><li>Trips out</li></ul>	Ruthin and nearby villages
Kath Kirwin, Rural Homecare	No	Tel: 07985273002 Email: kathkirwin@btinternet.com	Older people	<ul><li>Personal care</li><li>Housework</li><li>Shopping</li><li>Appointments</li></ul>	Prestatyn and nearby villages

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Lisa, Care Mate	No	Tel: 07717873202 Email: lisaloxbox@gmail.com	Older people	<ul> <li>Personal care</li> <li>Housework</li> <li>Shopping</li> <li>Appointments</li> <li>Companionship</li> <li>Respite care</li> </ul>	Ruthin
Fiona Goward, Ethical Care	No	Tel: 07902580123 Email: fionagoward88@gmail.com	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Personal care</li> <li>Housework</li> <li>Shopping</li> <li>Appointments</li> <li>Companionship</li> <li>Trips out</li> </ul>	<ul><li>Prestatyn</li><li>Rhyl</li></ul>
Lorna Jones, LMJ Care & Support	No	Tel: 07795577826 Email: lornaloopygirl42@gmail.com	Older people	<ul> <li>Personal care (some)</li> <li>Housework</li> <li>Shopping</li> <li>Appointments</li> <li>Companionship</li> <li>Trips out</li> </ul>	Ruthin and nearby villages

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Amber Harrison, Follow Your True Path	No	Tel: 07904164844 Email: hello@followyourtruepath.com	<ul><li>Older people</li><li>Carers of Older people</li></ul>	Support mental wellbeing through building self-confidence and independence	Llangollen
Dani Whines, Community Foot Care	No	Tel: 07530221122 Email: dani@communityfootcare.co.uk	Adults with foot care needs	Foot care treatments	Across Denbighshire
Tracey English, Toe-tal Foot Health	No	Tel: 07717569442 Email: getracey65@gmail.com	Adults with foot care needs	Foot care treatments	<ul><li>Ruthin</li><li>Denbigh</li></ul>

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Sarah Edwards, Physiotherapy	No	Tel: 07590268955 Email: info@sarahedwardsphysio.co.uk	Older people	<ul> <li>Assessment and treatment of falls (complex)</li> <li>Preventing falls</li> <li>Rehabilitation after surgery</li> <li>Stroke rehabilitation</li> <li>Caring for chronic chest conditions</li> </ul>	Across Denbighshire
Karen Bell, Make it Yours Home Support	Yes	Tel: 07788457475 Email: kaz.siglen@gmail.com	Older people	<ul> <li>Housework</li> <li>Support with meals</li> <li>Shopping</li> <li>Appointments</li> <li>Trips out</li> <li>Support with correspondence</li> </ul>	<ul><li>Ruthin</li><li>Denbigh</li><li>St Asaph</li></ul>

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Heather Fairs, Happy to Help	No	Tel: 07941915223 Email: heather.fairs@sky.com	<ul><li>Older people</li><li>Carers of Older people</li></ul>	<ul><li>Housework</li><li>Cleaning</li><li>Shopping</li><li>Errands</li><li>Companionship</li><li>Gardening</li></ul>	Rhyl
David Owen- Booth, HomeTech Wales	No	Tel: 07909225315 Email: info@hometech.wales	Older people	<ul> <li>Professional technology services</li> <li>Property maintenance</li> <li>DIY</li> <li>Bespoke design and joinery</li> </ul>	Within a 20 mile radius of Dyserth
Ruth Bell, Peace of Mind	Yes	Tel: 07872335676 Email: <u>harls118@aol.com</u>	Older people	<ul><li>Respite care</li><li>Companionship</li><li>Shopping</li></ul>	Ruthin     Denbigh

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Alison Doring, A1 Helping Hands	No	Tel: 07549149728 Email: doringalison01@googlEmail.com	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Personal care</li> <li>Housework</li> <li>Shopping</li> <li>Appointments</li> <li>Companionship</li> <li>Trips out</li> </ul>	Ruthin and nearby villages
Tanya Jones, Happy Home Care	No	Tel: 07551446390 Email: happyhomecare30@gmail.com	Older people	<ul> <li>Personal care</li> <li>Housework</li> <li>Companionship</li> <li>Shopping</li> <li>Support with meals</li> </ul>	Ruthin
Rowena Lloyd- Thomas, The Caring Kind Home Help	No	Tel: 07887361021 Email: thecaringkind2u@gmail.com	Older people	<ul><li>Housework</li><li>Laundry</li><li>Shopping</li><li>Companionship</li><li>Errands</li></ul>	Rhyl

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Gale Ward, Gale's Home Help	No	Tel: 07553190377 Email: gale2727@outlook.com	Older people	<ul><li>Housework</li><li>Cleaning</li><li>Cooking</li><li>Shopping</li><li>Respite care</li></ul>	Prestatyn
Emily, Artful Nature	No	Email: artfulnaturenorthwales@gmail.com Website: Artful Nature	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Guided walks</li> <li>Movement and well-being</li> <li>Creative arts</li> <li>Yoga</li> </ul>	Llangollen
Sian Cryer, Blue Orchid Care	No	Tel: 07526921956 Email: <u>blue-orchid-care@outlook.com</u>	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Personal care</li> <li>Housework</li> <li>Medication prompting</li> <li>Shopping</li> <li>Cleaning</li> <li>Support with meals</li> </ul>	Llangollen

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Jenny Hughes, Kind Hands	No	Tel: 07513057243 Email: kindhandsprivatecare@outlook.com	Older people     People with disabilities	<ul> <li>Personal care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Dog walking</li> <li>Short guided walks</li> <li>Trips out</li> <li>Hobbies</li> </ul>	<ul><li>Prestatyn</li><li>Meliden</li><li>Dyserth</li></ul>
Tracy Fletcher, ICare	No	Tel: 07732915713 Email: nanny1962@icloud.com	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Personal care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> </ul>	Ruthin

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Sue Parry, Serene Support	No	Tel: 07818411094 Email: Sue.parry@icloud.com	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul> <li>Personal care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> </ul>	St Asaph
Rebekah Woodcraft First Step Support	No	Tel: 07850217683	<ul> <li>Older people</li> <li>People with disabilities</li> </ul>	<ul> <li>Housework</li> <li>Cleaning</li> <li>Cooking</li> <li>Support with meals</li> <li>Trips out</li> <li>Shopping</li> <li>Companionship</li> </ul>	Denbigh

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Stephanie Wong Steph's Helping Hands	No	Tel: 07888653869	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul><li>Housework</li><li>Shopping</li><li>Trips out</li><li>Companionship</li><li>Cleaning</li><li>Cooking</li></ul>	Rhyl
Carol Thomas Care Companion	No	Tel: 07787842244 Email: ctcarolthomas1@gmail.com	<ul><li>Older people</li><li>People with disabilities</li></ul>	<ul><li>Housework</li><li>Shopping</li><li>Trips out</li><li>Companionship</li><li>Cleaning</li><li>Cooking</li></ul>	Ruthin
Katy Walker CKJ Care	No	Tel: 07729000084 Email: ckjcareltd1@gmail.com	Older people     People with disabilities	<ul> <li>Personal care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Dog walking</li> </ul>	<ul><li>St Asaph</li><li>Rhuddlan</li></ul>

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Rob Jones Rob's Gardens	No	Tel: 07585707306 Email: Rob75robert@gmail.com	<ul><li>Older People</li><li>People with disabilities</li></ul>	<ul><li>Gardening</li><li>DIY</li></ul>	Across Denbighshire
Jane Hughes Clwydian Care	Yes	Tel: 07944927099 Email: Ads931@btinternet.com	Older People     People with disabilities	<ul> <li>Housework</li> <li>Shopping</li> <li>Trips out</li> <li>Companionship</li> <li>Cleaning</li> <li>Cooking</li> <li>Dog walking</li> <li>Gardening</li> </ul>	St Asaph

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Andrew Nelson Nelson's Micro- Care	No	Tel: 07355689244 Email: andy@nelsonsmc.co.uk	<ul> <li>Older People</li> <li>People with disabilities</li> <li>Young People(aged 14 – 18years)</li> </ul>	<ul> <li>Housework</li> <li>Shopping</li> <li>Trips out</li> <li>Companionship</li> <li>Cleaning</li> <li>Cooking</li> <li>Dog walking</li> <li>Professional technology Services</li> <li>Personal care for young people</li> </ul>	Prestatyn
L.E.A.H – Letting Everyone Access Help Leah Taylor	No	Tel: 07910060442 Email: leahntaylor@icloud.com	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Housework</li> <li>Shopping</li> <li>Trips out</li> <li>Companionship</li> <li>Cleaning</li> <li>Cooking</li> <li>Dog walking</li> </ul>	Prestatyn

wiicio-providei	Welsh speaker?	Contact details	People supported	Services offered	Where?
Mandy's Homely Help Mandy Roberts	No	Tel: 07917318819 Email: mandyhomelyhelp@outlook.com	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Housework</li> <li>Shopping</li> <li>Trips out</li> <li>Companionship</li> <li>Cleaning</li> <li>Cooking</li> <li>Dog walking</li> <li>Gardening</li> </ul>	St Asaph
Supportive Solutions Nicola Jooste	No	Tel: 07920054258 Email: nickywernbach@hotmail.co.uk	<ul> <li>Older People</li> <li>People with disabilities</li> <li>Young People(aged 14 – 18years)</li> </ul>	<ul> <li>Housework</li> <li>Shopping</li> <li>Trips out</li> <li>Companionship</li> <li>Cleaning</li> <li>Cooking</li> <li>Dog walking</li> <li>Personal care for young people</li> </ul>	St Asaph, Bodelwyddan and surrounding area

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Lee's Cleaning Service, Jonathon Lee	No	Tel: 07300818562	<ul><li>Older People</li><li>People with disabilities</li><li>Younger People</li></ul>	Cleaning	<ul><li>Denbigh</li><li>Bodfari</li></ul>
Guardian Home Care, Dean Plant	No	Tel: 07748666426 Email: guardianhomecare23@yahoo.com	Older People     People with disabilities	<ul> <li>Personal care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Gardening</li> <li>DIY</li> <li>Cooking</li> </ul>	Prestatyn     Rhyl

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
MKH Care	No	Tel: 07864385856 Email: mkhhomecare23@yahoo.com	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Personal care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> </ul>	<ul><li>Prestatyn</li><li>Rhyl</li></ul>
Peter Greulich, Safe Harbour Services	No	Tel: 07776257447 Email: p.greulich944@gmail.com	Older People     People with disabilities	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Gardening</li> <li>Trips out</li> </ul>	Denbigh

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Joanne Dixon, Breakthrough Health & Wellbeing Solutions	No	Tel: 07731833011 Email: contact@breakthroughhealthsolutions.co.uk	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Gardening</li> <li>Trips out</li> <li>Personal Care</li> </ul>	Across Denbighshire
Hannah Vallance, SIAH (Supporting Independence at Home)	No	Tel: 07769237566 Email: SIAHDENBIGHSHIRE@GMAIL.COM	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Personal Care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Gardening</li> <li>Trips out</li> </ul>	Ruthin

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Juliet Itive, Juliet's Kind Care	No	Tel: 07776749086 Email: itive83@gmail.com	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Personal Care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	Prestatyn area
Nerys Jones, NJ Care & Support	Yes	Tel: 07799750931 Email: nerysj18@gmail.com	Older People     People with disabilities	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> <li>Gardening</li> </ul>	Denbigh

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Laura Jones, Independence	No	Tel: 07816250613 Email: independenceprivatecare@gmail.com	Older People     People with disabilities	<ul> <li>Hairdressing</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul> <li>Rhyl</li> <li>Prestatyn and surrounding areas</li> </ul>
Shirley Taylor Private Care	No	Tel: 07873894277 Email: shirleytaylor0910@gmail.com	Older People     People with disabilities	<ul> <li>Personal Care</li> <li>Medication prompting</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Bodfari</li><li>Denbigh</li><li>Llandyrnog</li></ul>

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Melissa Clark Care by Mel	No	Tel: 07515644831 Email: melissa.jane1975@hotmail.com	<ul> <li>Older People</li> <li>People with disabilities</li> </ul>	<ul> <li>Personal Care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	• Rhyl • Ruthin
Nathan Jones, Your Time Support Services	Yes	Tel: 07552252438 Email: nawrian@icloud.com	Older People     People with     Disabilities	<ul> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	Prestatyn area

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Sarah Morgan, Hiraethog Home Comforts	No	Tel: 07825738736 Email: sarahcmorgan76@outlook.com	Older People     People with     Disabilities	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> <li>Gardening</li> </ul>	<ul><li>Corwen</li><li>Ruthin</li></ul>
Catherine Jones, Home Genie	No	Tel: 07842310935 Email: homegenie2024@outlook.com	Older People     People with     Disabilities	<ul> <li>Personal Care</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Denbigh</li><li>Ruthin</li></ul>

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Rachel Ryland, RRR Support	No	Tel: 07777495272 Email: RRRuthin@gmail.com	<ul> <li>Older People</li> <li>People with Disabilities</li> </ul>	<ul> <li>Cleaning</li> <li>Medication prompting</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	Ruthin
Laura Burkhill, TLC Providers	No	Tel: 07985976092 Email: tlcprovider@yahoo.com	<ul> <li>Older People</li> <li>People with Disabilities</li> </ul>	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	Ruthin

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Jodie Pike, Happy Hearts Help	No	Tel: 07776305729 Email: mrsjodiepike@hotmail.com	<ul> <li>Older People</li> <li>People with Disabilities</li> </ul>	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	Ruthin
Debra Hughes, Count on a Smile	No	Tel: 07521843812 Email: countonasmile@gmail.com	<ul> <li>Older People</li> <li>People with Disabilities</li> </ul>	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Prestatyn</li><li>Rhyl</li><li>Meliden</li><li>Rhuddlan</li></ul>

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Della Black, Flourish Home Support	No	Tel: 07397266377 Email: dellasflourishathome@gmail.com	<ul> <li>Older People</li> <li>People with Disabilities</li> <li>Young People(aged 14 – 18years)</li> </ul>	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	Denbigh     Henllan
Ashleigh Condon, Cosy Care	No	Tel: 07795549828 Email: ashleighcondon@gmail.com	Older People     People with     Disabilities	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	Rhyl     Rhuddlan

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Matthew Kerry, Inspirational Support	No	Tel: 07917632823 Email: mattykerry.1@outlook.com	Older People     People with     Disabilities	<ul> <li>Personal Care</li> <li>Medication prompting</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Denbigh</li><li>St Asaph</li><li>Ruthin</li></ul>
Julie Evans Julie home care	No	Tel: 07493213374	Older people	<ul><li>Shopping</li><li>Dog walking</li><li>Cleaning</li><li>Companionship</li><li>Appointments</li><li>Trips out</li></ul>	Rhyl     St Asaph

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Ruth Jones Home from Home	No	Tel: 07766202691 Email: ruthy.jones@btinternet.com	Older people	<ul><li>Cooking</li><li>Dog walking</li><li>Cleaning</li><li>Companionship</li><li>Trips out</li></ul>	Ruthin
Rachel Lewis Care with Love	No	Tel: 07710161923 Email: carewithlove2024@gmail.com	Older People     People with     Disabilities	<ul> <li>Personal Care</li> <li>Medication prompting</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Prestatyn</li><li>Rhyl</li><li>St Asaph</li></ul>

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Michelle Maley Mam Cares	No	Tel: 07789672188	Older People     People with     Disabilities	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Rhyl</li><li>Rhuddlan</li><li>Dyserth</li></ul>
Tracey Griffiths TMG	No	Tel: 07947172608 Email: tmg.communitycare@gmail.com	Older People     People with     Disabilities	<ul> <li>Personal Care</li> <li>Medication prompting</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Ruthin</li><li>Denbigh</li><li>Llandyrnog</li><li>Gellifor</li></ul>

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Amanda Rafferty A R Care Services	No	Tel: 07910804553 Email: a.rafferty@mail.com	<ul> <li>Older People</li> <li>People with Disabilities</li> </ul>	<ul> <li>Personal Care</li> <li>Medication prompting</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	Prestatyn

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
John Worthington Mr Shine	No	Tel: 07876251987 Email: mrshine1926@gmail.com	<ul> <li>Older People</li> <li>People with Disabilities</li> </ul>	<ul> <li>Personal Care</li> <li>Medication prompting</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Rhyl</li><li>Bodelwyddyan</li><li>St Asaph</li></ul>
Emma Gray TW Care	No	Tel: 07528672474 Email: twcorwen@gmail.com	<ul> <li>Older People</li> <li>People with Disabilities</li> </ul>	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Corwen</li><li>Llandrillo</li><li>Llangollen</li><li>Ruthin</li></ul>

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Lorraine Robinson Here to Help	No	Tel: 07387144730 Email: HeretoHelp24@outlook.com	Older People     People with     Disabilities	<ul> <li>Personal Care</li> <li>Medication prompting</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Rhyl</li><li>Prestatyn</li><li>Rhuddlan</li><li>Dyserth</li></ul>
Chris Salter Salter's Micro- care	No	Tel: 07716164087 Email: saltersmicrocare@yahoo.com	Older People     People with     Disabilities	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Rhyl</li><li>Rhuddlan</li><li>Prestatyn</li></ul>

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Caroline Maddocks Caroline's Care Solutions	No	Tel: 07590584641 Email: callymaddocks1@hotmail.com	Older People     People with     Disabilities	<ul> <li>Personal Care</li> <li>Medication prompting</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Prestatyn</li><li>Rhuddlan</li><li>Rhyl</li></ul>
Sarah Douglas Premier Cleans & Private Carer	No	Tel: 07955591435 Email: premiercleans@hotmail.com	Older People     People with     Disabilities	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Prestatyn</li><li>Rhyl</li><li>St Asaph</li></ul>

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Racel Lewis Care with Love	No	Tel: 07710161923 Email: carewithlove2024@gmail.com	Older People     People with     Disabilities	<ul> <li>Personal Care</li> <li>Medication prompting</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Prestatyn</li><li>Melidan</li><li>St Asaph</li></ul>

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Audrey Finnan CarePlus Denbighshire	No	Tel: 07419120359 Email: audreycfinnan@aol.com	Older People     People with     Disabilities	<ul> <li>Personal Care</li> <li>Medication prompting</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	Prestatyn
Nest Jones Hand in Hand	Yes	Tel: 07917387620 Email: nest.jones@yahoo.co.uk	<ul> <li>Older People</li> <li>People with Disabilities</li> </ul>	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Ruthin</li><li>Corwen</li><li>Rhyl</li></ul>

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Pepita Cretney, Pep's Microcare	No	Tel: 07979101307 Email: pepicretney@gmail.com	Older People     People with     Disabilities	<ul> <li>Personal Care</li> <li>Medication prompting</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Prestatyn</li><li>Melidan</li><li>St Asaph</li></ul>
Karen Jones Counsellor and Emotional Wellbeing Practitioner	Yes	Tel: 07743447435 Email: karenjones@sky.com	<ul><li>Older People</li><li>People with Disabilities</li><li>Adults</li></ul>	<ul><li>Counselling</li><li>Wellbeing     Practitioner</li><li>Companionship</li></ul>	<ul><li>Online</li><li>Rhyl</li><li>Prestatyn</li><li>Rhuddlan</li></ul>

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Stephen Johnson Trusted Home Caring	No	Tel: 07947094261 Email: trustedhomecaring@outlook.com	Older People     People with     Disabilities	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Prestatyn</li><li>Rhyl</li><li>Rhuddlan</li><li>Bodelwyddan</li></ul>
Brett Evans	No	Tel: 07349520963 Email: brttvns@live.co.uk	Older People     People with     Disabilities	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	Rhyl     Bodelwyddan

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Jordan Mack Mack Care	No	Tel: 07359031180 Email: mackcare@myyahoo.com	Older People     People with     Disabilities	<ul> <li>Personal Care</li> <li>Medication prompting</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Rhyl</li><li>Prestatyn</li><li>St Asaph</li></ul>
Karen Hanna Caring Kind	No	Tel: 07825819789 Email: karenl.hanna@btinternet.com	<ul> <li>Older People</li> <li>People with Disabilities</li> <li>Young People(aged 14 – 18years)</li> </ul>	<ul> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Rhyl</li><li>Prestatyn</li><li>Dyserth</li></ul>

wiicio-providei	Welsh speaker?	Contact details	People supported	Services offered	Where?
Ffion White Lles Clwyd Wellbeing	Yes	Tel: 0776995867 Email: ffijones@hotmail.com	<ul> <li>Older People</li> <li>People with Disabilities</li> <li>Young People(aged 14 – 18years)</li> </ul>	<ul> <li>Guided walks</li> <li>Cleaning</li> <li>Support with meals</li> <li>Appointments</li> <li>Shopping</li> <li>Companionship</li> <li>Cooking</li> <li>Trips out</li> </ul>	<ul><li>Ruthin</li><li>Denbigh</li><li>Corwen</li></ul>