

Micro-providers listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Katy Roberts, Private Carer	No	Tel: 07591970394 Email: katyrobertspc@gmail.com	<ul style="list-style-type: none"> • Older people • People with disabilities 	<ul style="list-style-type: none"> • Personal care • Support with meals • Housework • Shopping • Appointments • Companionship 	<ul style="list-style-type: none"> • Llangollen • Llandegla • Bryneglwys • Llanarmon-yn-Ial
Hazel Dorling, Supporting a Friend Everyday (S.A.F.E.)	No	Tel: 07894540356 Email: checkinandchat00@gmail.com	<ul style="list-style-type: none"> • Older people • People with disabilities • Bereaved people 	<ul style="list-style-type: none"> • Personal care (some) • Telephone / face to face check in and chat • Trips out • Bereavement support • Advocacy • Companionship 	Within a 10 mile radius of Rhyl

Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Toni Morgan-Brown, Consistency of Care	No	Tel: 07765534691 or 07810294947 Email: consistencyofcare@gmail.com	<ul style="list-style-type: none"> • People with dementia • Older people 	<ul style="list-style-type: none"> • Live in care • Personal care • Respite care 	Across Denbighshire
Christie Evans, Indigo Care	No	Tel: 07787757879 Email: indigocare22@gmail.com	<ul style="list-style-type: none"> • Older people • People with disabilities 	<ul style="list-style-type: none"> • Personal care • Housework • Support with meals • Trips out 	Ruthin and nearby villages
Kath Kirwin, Rural Homecare	No	Tel: 07985273002 Email: kathkirwin@btinternet.com	Older people	<ul style="list-style-type: none"> • Personal care • Housework • Shopping • Appointments 	Prestatyn and nearby villages
Lisa, Care Mate	No	Tel: 07717873202 Email: lisaloxbox@gmail.com	Older people	<ul style="list-style-type: none"> • Personal care • Housework • Shopping • Appointments • Companionship • Respite care 	Ruthin

Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Fiona Goward, Ethical Care	No	Tel: 07902580123 Email: fionagoward88@gmail.com	<ul style="list-style-type: none"> • Older people • People with disabilities 	<ul style="list-style-type: none"> • Personal care • Housework • Shopping • Appointments • Companionship • Trips out 	<ul style="list-style-type: none"> • Prestatyn • Rhyl
Lorna Jones, LMJ Care & Support	No	Tel: 07795577826 Email: lornaloopygirl42@gmail.com	Older people	<ul style="list-style-type: none"> • Personal care (some) • Housework • Shopping • Appointments • Companionship • Trips out 	Ruthin and nearby villages
Amber Harrison, Follow Your True Path	No	Tel: 07904164844 Email: hello@followyourtruepath.com	<ul style="list-style-type: none"> • Older people • Carers of Older people 	Support mental wellbeing through building self-confidence and independence	Llangollen

Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Dani Whines, Community Foot Care	No	Tel: 07530221122 Email: dani@communityfootcare.co.uk	Adults with foot care needs	Foot care treatments	Across Denbighshire
Tracey English, Toe-tal Foot Health	No	Tel: 07717569442 Email: getracey65@gmail.com	Adults with foot care needs	Foot care treatments	<ul style="list-style-type: none"> • Ruthin • Denbigh
Sarah Edwards, Physiotherapy	No	Tel: 07590268955 Email: info@sarahedwardsphysio.co.uk	Older people	<ul style="list-style-type: none"> • Assessment and treatment of falls (complex) • Preventing falls • Rehabilitation after surgery • Stroke rehabilitation • Caring for chronic chest conditions 	Across Denbighshire

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Karen Bell, Make it Yours Home Support	Yes	Tel: 07788457475 Email: kaz.siglen@gmail.com	Older people	<ul style="list-style-type: none"> • Housework • Support with meals • Shopping • Appointments • Trips out • Support with correspondence 	<ul style="list-style-type: none"> • Ruthin • Denbigh • St Asaph
Heather Fairs, Happy to Help	No	Tel: 07941915223 Email: heather.fairs@sky.com	<ul style="list-style-type: none"> • Older people • Carers of Older people 	<ul style="list-style-type: none"> • Housework • Cleaning • Shopping • Errands • Companionship • Gardening 	Rhyl
David Owen-Booth, HomeTech Wales	No	Tel: 07909225315 Email: info@hometech.wales	Older people	<ul style="list-style-type: none"> • Professional technology services • Property maintenance • DIY • Bespoke design and joinery 	Within a 20 mile radius of Dyserth

Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Ruth Bell, Peace of Mind	Yes	Tel: 07872335676 Email: harls118@aol.com	Older people	<ul style="list-style-type: none"> • Respite care • Companionship • Shopping 	<ul style="list-style-type: none"> • Ruthin • Denbigh
Alison Doring, A1 Helping Hands	No	Tel: 07549149728 Email: doringalison01@googlEmail.com	<ul style="list-style-type: none"> • Older people • People with disabilities 	<ul style="list-style-type: none"> • Personal care • Housework • Shopping • Appointments • Companionship • Trips out 	Ruthin and nearby villages
Tanya Jones, Happy Home Care	No	Tel: 07551446390 Email: happyhomecare30@gmail.com	Older people	<ul style="list-style-type: none"> • Personal care • Housework • Companionship • Shopping • Support with meals 	Ruthin

Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Rowena Lloyd-Thomas, The Caring Kind Home Help	No	Tel: 07887361021 Email: thecaringkind2u@gmail.com	Older people	<ul style="list-style-type: none"> • Housework • Laundry • Shopping • Companionship • Errands 	Rhyl
Gale Ward, Gale's Home Help	No	Tel: 07553190377 Email: gale2727@outlook.com	Older people	<ul style="list-style-type: none"> • Housework • Cleaning • Cooking • Shopping • Respite care 	Prestatyn
Emily, Artful Nature	No	Email: artfulnaturenorthwales@gmail.com Website: Artful Nature	<ul style="list-style-type: none"> • Older people • People with disabilities 	<ul style="list-style-type: none"> • Guided walks • Movement and well-being • Creative arts • Yoga 	Llangollen

Micro-provider listing

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Sian Cryer, Blue Orchid Care	No	Tel: 07526921956 Email: blue-orchid-care@outlook.com	<ul style="list-style-type: none"> • Older people • People with disabilities 	<ul style="list-style-type: none"> • Personal care • Housework • Medication prompting • Shopping • Cleaning • Support with meals 	Llangollen
Jenny Hughes, Kind Hands	No	Tel: 07513057243 Email: kindhandsprivatecare@outlook.com	<ul style="list-style-type: none"> • Older people • People with disabilities 	<ul style="list-style-type: none"> • Personal care • Cleaning • Support with meals • Appointments • Shopping • Companionship • Dog walking • Short guided walks • Trips out • Hobbies 	<ul style="list-style-type: none"> • Prestatyn • Meliden • Dyserth

Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Tracy Fletcher, ICare	No	Tel: 07732915713 Email: nanny1962@icloud.com	<ul style="list-style-type: none"> • Older people • People with disabilities 	<ul style="list-style-type: none"> • Personal care • Cleaning • Support with meals • Appointments • Shopping • Companionship 	Ruthin
Sue Parry, Serene Support	No	Tel: 07818411094 Email: Sue.parry@icloud.com	<ul style="list-style-type: none"> • Older people • People with disabilities 	<ul style="list-style-type: none"> • Personal care • Cleaning • Support with meals • Appointments • Shopping • Companionship 	St Asaph
Rebekah Woodcraft First Step Support	No	Tel: 07850217683	<ul style="list-style-type: none"> • Older people • People with disabilities 	<ul style="list-style-type: none"> • Housework • Cleaning • Cooking • Support with meals • Trips out • Shopping • Companionship 	Denbigh

Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Stephanie Wong Steph's Helping Hands	No	Tel: 07888653869	<ul style="list-style-type: none"> • Older people • People with disabilities 	<ul style="list-style-type: none"> • Housework • Shopping • Trips out • Companionship • Cleaning • Cooking 	Rhyl
Carol Thomas Care Companion	No	Tel: 07787842244 Email: ctcarolthomas1@gmail.com	<ul style="list-style-type: none"> • Older people • People with disabilities 	<ul style="list-style-type: none"> • Housework • Shopping • Trips out • Companionship • Cleaning • Cooking 	Ruthin
Katy Walker CKJ Care	No	Tel: 07729000084 Email: ckjcareltd1@gmail.com	<ul style="list-style-type: none"> • Older people • People with disabilities 	<ul style="list-style-type: none"> • Personal care • Cleaning • Support with meals • Appointments • Shopping • Companionship • Dog walking 	<ul style="list-style-type: none"> • St Asaph • Rhuddlan

Micro-provider listing

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Rob Jones Rob's Gardens	No	Tel: 07585707306 Email: Rob75robert@gmail.com	<ul style="list-style-type: none"> • Older People • People with disabilities 	<ul style="list-style-type: none"> • Gardening • DIY 	Across Denbighshire
Jane Hughes Clwydian Care	Yes	Tel: 07944927099 Email: Ads931@btinternet.com	<ul style="list-style-type: none"> • Older People • People with disabilities 	<ul style="list-style-type: none"> • Housework • Shopping • Trips out • Companionship • Cleaning • Cooking • Dog walking • Gardening 	St Asaph

Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Andrew Nelson Nelson's Micro-Care	No	Tel: 07355689244 Email: andy@nelsonsmc.co.uk	<ul style="list-style-type: none"> • Older People • People with disabilities • Young People(aged 14 – 18years) 	<ul style="list-style-type: none"> • Housework • Shopping • Trips out • Companionship • Cleaning • Cooking • Dog walking • Professional technology Services • Personal care for young people 	Prestatyn
L.E.A.H – Letting Everyone Access Help Leah Taylor	No	Tel: 07910060442 Email: leahntaylor@icloud.com	<ul style="list-style-type: none"> • Older People • People with disabilities 	<ul style="list-style-type: none"> • Housework • Shopping • Trips out • Companionship • Cleaning • Cooking • Dog walking 	Prestatyn

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Mandy's Homely Help Mandy Roberts	No	Tel: 07917318819 Email: mandyhomelyhelp@outlook.com	<ul style="list-style-type: none"> • Older People • People with disabilities 	<ul style="list-style-type: none"> • Housework • Shopping • Trips out • Companionship • Cleaning • Cooking • Dog walking • Gardening 	St Asaph
Supportive Solutions Nicola Jooste	No	Tel: 07920054258 Email: nickywernbach@hotmail.co.uk	<ul style="list-style-type: none"> • Older People • People with disabilities • Young People(aged 14 – 18years) 	<ul style="list-style-type: none"> • Housework • Shopping • Trips out • Companionship • Cleaning • Cooking • Dog walking • Personal care for young people 	St Asaph, Bodelwyddan and surrounding area

Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Lee's Cleaning Service, Jonathon Lee	No	Tel: 07300818562	<ul style="list-style-type: none"> • Older People • People with disabilities • Younger People 	Cleaning	<ul style="list-style-type: none"> • Denbigh • Bodfari
Guardian Home Care, Dean Plant	No	Tel: 07748666426 Email: guardianhomecare23@yahoo.com	<ul style="list-style-type: none"> • Older People • People with disabilities 	<ul style="list-style-type: none"> • Personal care • Cleaning • Support with meals • Appointments • Shopping • Companionship • Gardening • DIY • Cooking 	<ul style="list-style-type: none"> • Prestatyn • Rhyl

Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
MKH Care	No	Tel: 07864385856 Email: mkhhomecare23@yahoo.com	<ul style="list-style-type: none"> • Older People • People with disabilities 	<ul style="list-style-type: none"> • Personal care • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking 	<ul style="list-style-type: none"> • Prestatyn • Rhyl
Peter Greulich, Safe Harbour Services	No	Tel: 07776257447 Email: p.greulich944@gmail.com	<ul style="list-style-type: none"> • Older People • People with disabilities 	<ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Gardening • Trips out 	Denbigh

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Joanne Dixon, Breakthrough Health & Wellbeing Solutions	No	Tel: 07731833011 Email: contact@breakthroughhealthsolutions.co.uk	<ul style="list-style-type: none"> • Older People • People with disabilities 	<ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Gardening • Trips out • Personal Care 	Across Denbighshire
Hannah Vallance, SIAH (Supporting Independence at Home)	No	Tel: 07769237566 Email: SIAHDENBIGHSHIRE@GMAIL.COM	<ul style="list-style-type: none"> • Older People • People with disabilities 	<ul style="list-style-type: none"> • Personal Care • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Gardening • Trips out 	Ruthin

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Juliet Itive, Juliet's Kind Care	No	Tel: 07776749086 Email: itive83@gmail.com	<ul style="list-style-type: none"> • Older People • People with disabilities 	<ul style="list-style-type: none"> • Personal Care • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	Prestatyn area
Nerys Jones, NJ Care & Support	Yes	Tel: 07799750931 Email: nerysj18@gmail.com	<ul style="list-style-type: none"> • Older People • People with disabilities 	<ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out • Gardening 	Denbigh

Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Laura Jones, Independence	No	Tel: 07816250613 Email: independenceprivatecare@gmail.com	<ul style="list-style-type: none"> • Older People • People with disabilities 	<ul style="list-style-type: none"> • Hairdressing • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Rhyl • Prestatyn and surrounding areas
Shirley Taylor Private Care	No	Tel: 07873894277 Email: shirleytaylor0910@gmail.com	<ul style="list-style-type: none"> • Older People • People with disabilities 	<ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Bodfari • Denbigh • Llandyrnog

Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Melissa Clark Care by Mel	No	Tel: 07515644831 Email: melissa.jane1975@hotmail.com	<ul style="list-style-type: none"> • Older People • People with disabilities 	<ul style="list-style-type: none"> • Personal Care • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Rhyl • Ruthin
Nathan Jones, Your Time Support Services	Yes	Tel: 07552252438 Email: nawrian@icloud.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	Prestatyn area

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Sarah Morgan, Hiraethog Home Comforts	No	Tel: 07825738736 Email: sarahcmorgan76@outlook.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out • Gardening 	<ul style="list-style-type: none"> • Corwen • Ruthin
Catherine Jones, Home Genie	No	Tel: 07842310935 Email: homegenie2024@outlook.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Personal Care • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Denbigh • Ruthin

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Rachel Ryland, RRR Support	No	Tel: 07777495272 Email: RRRuthin@gmail.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Cleaning • Medication prompting • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	Ruthin
Laura Burkhill, TLC Providers	No	Tel: 07985976092 Email: tlcprovider@yahoo.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	Ruthin

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Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Jodie Pike, Happy Hearts Help	No	Tel: 07776305729 Email: mrsjodiepike@hotmail.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	Ruthin
Debra Hughes, Count on a Smile	No	Tel: 07521843812 Email: countonasmile@gmail.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Prestatyn • Rhyl • Meliden • Rhuddlan

Micro-provider listing

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Della Black, Flourish Home Support	No	Tel: 07397266377 Email: dellasflourishathome@gmail.com	<ul style="list-style-type: none"> • Older People • People with Disabilities • Young People(aged 14 – 18years) 	<ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out • Dog walking 	<ul style="list-style-type: none"> • Denbigh • Henllan
Ashleigh Condon, Cosy Care	No	Tel: 07795549828 Email: ashleighcondon@gmail.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Rhyl • Rhuddlan

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Matthew Kerry, Inspirational Support	No	Tel: 07917632823 Email: mattykerry.1@outlook.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Denbigh • St Asaph • Ruthin
Julie Evans Julie home care	No	Tel: 07493213374	Older people	<ul style="list-style-type: none"> • Shopping • Dog walking • Cleaning • Companionship • Appointments • Trips out 	<ul style="list-style-type: none"> • Rhyl • St Asaph
Ruth Jones Home from Home	No	Tel: 07766202691 Email: ruthy.jones@btinternet.com	Older people	<ul style="list-style-type: none"> • Cooking • Dog walking • Cleaning • Companionship • Trips out 	Ruthin

Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Rachel Lewis Care with Love	No	Tel: 07710161923 Email: carewithlove2024@gmail.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Prestatyn • Rhyl • St Asaph
Michelle Maley Mam Cares	No	Tel: 07789672188	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Rhyl • Rhuddlan • Dyserth

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Tracey Griffiths TMG	No	Tel: 07947172608 Email: tmg.communitycare@gmail.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Ruthin • Denbigh • Llandyrnog • Gellifor
Amanda Rafferty A R Care Services	No	Tel: 07910804553 Email: a.rafferty@mail.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	Prestatyn

Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
John Worthington Mr Shine	No	Tel: 07876251987 Email: mrshine1926@gmail.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Rhyl • Bodelwyddyan • St Asaph
Emma Gray TW Care	No	Tel: 07528672474 Email: twcorwen@gmail.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Corwen • Llandrillo • Llangollen • Ruthin

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Lorraine Robinson Here to Help	No	Tel: 07387144730 Email: HeretoHelp24@outlook.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Rhyl • Prestatyn • Rhuddlan • Dyserth
Chris Salter Salter's Micro-care	No	Tel: 07716164087 Email: saltersmicrocare@yahoo.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Rhyl • Rhuddlan • Prestatyn

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Caroline Maddocks Caroline's Care Solutions	No	Tel: 07590584641 Email: callymaddocks1@hotmail.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Prestatyn • Rhuddlan • Rhyl
Sarah Douglas Premier Cleans & Private Carer	No	Tel: 07955591435 Email: premiercleans@hotmail.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Prestatyn • Rhyl • St Asaph

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Racel Lewis Care with Love	No	Tel: 07710161923 Email: carewithlove2024@gmail.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Prestatyn • Melidan • St Asaph
Audrey Finnan CarePlus Denbighshire	No	Tel: 07419120359 Email: audreycfinnan@aol.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Prestatyn

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Nest Jones Hand in Hand	Yes	Tel: 07917387620 Email: nest.jones@yahoo.co.uk	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Ruthin • Corwen • Rhyl
Pepita Cretney, Pep's Microcare	No	Tel: 07979101307 Email: pepicretney@gmail.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Prestatyn • Melidan • St Asaph

Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Karen Jones Counsellor and Emotional Wellbeing Practitioner	Yes	Tel: 07743447435 Email: karenjones@sky.com	<ul style="list-style-type: none"> • Older People • People with Disabilities • Adults 	<ul style="list-style-type: none"> • Counselling • Wellbeing Practitioner • Companionship 	<ul style="list-style-type: none"> • Online • Rhyl • Prestatyn • Rhuddlan
Stephen Johnson Trusted Home Caring	No	Tel: 07947094261 Email: trustedhomecaring@outlook.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Prestatyn • Rhyl • Rhuddlan • Bodelwyddan
Brett Evans	No	Tel: 07349520963 Email: brttvns@live.co.uk	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Rhyl • Bodelwyddan

Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Karen Hanna Caring Kind	No	Tel: 07825819789 Email: karenl.hanna@btinternet.com	<ul style="list-style-type: none"> • Older People • People with Disabilities • Young People(aged 14 – 18years) 	<ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Rhyl • Prestatyn • Dyserth
Ffion White Lles Clwyd Wellbeing	Yes	Tel: 0776995867 Email: ffijones@hotmail.com	<ul style="list-style-type: none"> • Older People • People with Disabilities • Young People(aged 14 – 18years) 	<ul style="list-style-type: none"> • Guided walks • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Ruthin • Denbigh • Corwen

Micro-provider listing

Micro-provider	Welsh speaker?	Contact details	People supported	Services offered	Where?
Manon Edwards, Help Llaw	Yes	Tel: 07584304621 Email: helpllaw@outlook.com	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • St Asaph • Ruthin
Lisa Rahim, Grace and Harmony Care Services	No	Tel: 07800560207 Email: lisadean78@yahoo.co.uk	<ul style="list-style-type: none"> • Older People • People with Disabilities 	<ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out 	<ul style="list-style-type: none"> • Dyserth • Rhuddlan • Rhyl