

Micro-providers listing

| Micro-provider | Welsh speaker? | Contact details | People supported | Services offered | Where? |
|---|----------------|---|---|---|---|
| Katy Roberts, Private Carer | No | Tel: 07591970394 Email: katyrobertspc@gmail.com | <ul style="list-style-type: none"> • Older people • People with disabilities | <ul style="list-style-type: none"> • Personal care • Support with meals • Housework • Shopping • Appointments • Companionship | <ul style="list-style-type: none"> • Llangollen • Llandegla • Bryneglwys • Llanarmon-yn-Ial |
| Hazel Dorling, Supporting a Friend Everyday (S.A.F.E.) | No | Tel: 07894540356 Email: checkinandchat00@gmail.com | <ul style="list-style-type: none"> • Older people • People with disabilities • Bereaved people | <ul style="list-style-type: none"> • Telephone / face to face check in and chat • Trips out • Bereavement support • Advocacy • Companionship | Within a 10 mile radius of Rhyl |

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|---|----------------|--|--|---|-------------------------------|
| Toni Morgan-Brown, Consistency of Care | No | Tel: 07765534691 or 07810294947 Email: consistencyofcare@gmail.com | <ul style="list-style-type: none"> • People with dementia • Older people | <ul style="list-style-type: none"> • Live in care • Personal care • Respite care | Across Denbighshire |
| Christie Evans, Indigo Care | No | Tel: 07787757879 Email: indigocare22@gmail.com | <ul style="list-style-type: none"> • Older people • People with disabilities | <ul style="list-style-type: none"> • Personal care • Housework • Support with meals • Trips out | Ruthin and nearby villages |
| Kath Kirwin, Rural Homecare | No | Tel: 07985273002 Email: kathkirwin@btinternet.com | Older people | <ul style="list-style-type: none"> • Personal care • Housework • Shopping • Appointments | Prestatyn and nearby villages |
| Lisa, Care Mate | No | Tel: 07717873202 Email: lisaloxbox@gmail.com | Older people | <ul style="list-style-type: none"> • Personal care • Housework • Shopping • Appointments • Companionship • Respite care | Ruthin |

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|--|----------------|---|--|---|---|
| Lorna Jones, LMJ Care & Support | No | Tel: 07795577826 Email: lornaloopygirl42@gmail.com | Older people | <ul style="list-style-type: none"> • Personal care (some) • Housework • Shopping • Appointments • Companionship • Trips out | Ruthin and nearby villages |
| Amber Harrison, Follow Your True Path | No | Tel: 07904164844 Email: hello@followyourtruepath.com | <ul style="list-style-type: none"> • Older people • Carers of Older people | Support mental wellbeing through building self-confidence and independence | Llangollen |
| Dani Whines, Community Foot Care | No | Tel: 07530221122 Email: dani@communityfootcare.co.uk | Adults with foot care needs | Foot care treatments | Across Denbighshire |
| Tracey English, Toe-tal Foot Health | No | Tel: 07717569442 Email: getracey65@gmail.com | Adults with foot care needs | Foot care treatments | <ul style="list-style-type: none"> • Ruthin • Denbigh |

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|---|----------------|---|------------------|---|---|
| Sarah Edwards, Physiotherapy | No | Tel: 07590268955 Email: info@sarahedwardsphysio.co.uk | Older people | <ul style="list-style-type: none"> • Assessment and treatment of falls (complex) • Preventing falls • Rehabilitation after surgery • Stroke rehabilitation • Caring for chronic chest conditions | Across Denbighshire |
| Karen Bell, Make it Yours Home Support | Yes | Tel: 07788457475 Email: kaz.siglen@gmail.com | Older people | <ul style="list-style-type: none"> • Housework • Support with meals • Shopping • Appointments • Trips out • Support with correspondence | <ul style="list-style-type: none"> • Ruthin • Denbigh • St Asaph |

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|---|----------------|---|--|---|---|
| Heather Fairs, Happy to Help | No | Tel: 07941915223 Email: heather.fairs@sky.com | <ul style="list-style-type: none"> • Older people • Carers of Older people | <ul style="list-style-type: none"> • Housework • Cleaning • Shopping • Errands • Companionship • Gardening | Rhyl |
| David Owen-Booth, HomeTech Wales | No | Tel: 07909225315 Email: info@hometech.wales | Older people | <ul style="list-style-type: none"> • Professional technology services • Property maintenance • DIY • Bespoke design and joinery | Within a 20 mile radius of Dyserth |
| Ruth Bell, Peace of Mind | Yes | Tel: 07872335676 Email: harls118@aol.com | Older people | <ul style="list-style-type: none"> • Respite care • Companionship • Shopping | <ul style="list-style-type: none"> • Ruthin • Denbigh |

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|---|----------------|---|--|--|----------------------------|
| Alison Doring, A1 Helping Hands | No | Tel: 07549149728 Email: doringalison01@googlEmail.com | <ul style="list-style-type: none"> • Older people • People with disabilities | <ul style="list-style-type: none"> • Personal care • Housework • Shopping • Appointments • Companionship • Trips out | Ruthin and nearby villages |
| Tanya Jones, Happy Home Care | No | Tel: 07551446390 Email: happyhomecare30@gmail.com | Older people | <ul style="list-style-type: none"> • Personal care • Housework • Companionship • Shopping • Support with meals | Ruthin |
| Rowena Lloyd-Thomas, The Caring Kind Home Help | No | Tel: 07887361021 Email: thecaringkind2u@gmail.com | Older people | <ul style="list-style-type: none"> • Housework • Laundry • Shopping • Companionship • Errands | Rhyl |

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|---|----------------|---|--|--|------------|
| Gale Ward, Gale's Home Help | No | Tel: 07553190377 Email: gale2727@outlook.com | Older people | <ul style="list-style-type: none"> • Housework • Cleaning • Cooking • Shopping • Respite care | Prestatyn |
| Emily, Artful Nature | No | Email: artfulnaturenorthwales@gmail.com Website: Artful Nature | <ul style="list-style-type: none"> • Older people • People with disabilities | <ul style="list-style-type: none"> • Guided walks • Movement and well-being • Creative arts • Yoga | Llangollen |
| Sian Cryer, Blue Orchid Care | No | Tel: 07526921956 Email: blue-orchid-care@outlook.com | <ul style="list-style-type: none"> • Older people • People with disabilities | <ul style="list-style-type: none"> • Personal care • Housework • Medication prompting • Shopping • Cleaning • Support with meals | Llangollen |

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|-------------------------------------|----------------|---|--|---|---|
| Jenny Hughes, Kind Hands | No | Tel: 07513057243 Email: kindhandsprivatecare@outlook.com | <ul style="list-style-type: none"> • Older people • People with disabilities | <ul style="list-style-type: none"> • Personal care • Cleaning • Support with meals • Appointments • Shopping • Companionship • Dog walking • Short guided walks • Trips out • Hobbies | <ul style="list-style-type: none"> • Prestatyn • Meliden • Dyserth |
| Tracy Fletcher, ICare | No | Tel: 07732915713 Email: nanny1962@icloud.com | <ul style="list-style-type: none"> • Older people • People with disabilities | <ul style="list-style-type: none"> • Personal care • Cleaning • Support with meals • Appointments • Shopping • Companionship | Ruthin |

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|---|----------------|---|--|--|----------|
| Sue Parry, Serene Support | No | Tel: 07818411094 Email: Sue.parry@icloud.com | <ul style="list-style-type: none"> • Older people • People with disabilities | <ul style="list-style-type: none"> • Personal care • Cleaning • Support with meals • Appointments • Shopping • Companionship | St Asaph |
| Rebekah Woodcraft First Step Support | No | Tel: 07850217683 | <ul style="list-style-type: none"> • Older people • People with disabilities | <ul style="list-style-type: none"> • Housework • Cleaning • Cooking • Support with meals • Trips out • Shopping • Companionship | Denbigh |
| Stephanie Wong Steph's Helping Hands | No | Tel: 07888653869 | <ul style="list-style-type: none"> • Older people • People with disabilities | <ul style="list-style-type: none"> • Housework • Shopping • Trips out • Companionship • Cleaning • Cooking | Rhyl |

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|--|----------------|---|--|---|--|
| Carol Thomas Care Companion | No | Tel: 07787842244 Email: ctcarolthomas1@gmail.com | <ul style="list-style-type: none"> • Older people • People with disabilities | <ul style="list-style-type: none"> • Housework • Shopping • Trips out • Companionship • Cleaning • Cooking | Ruthin |
| Katy Walker CKJ Care | No | Tel: 07729000084 Email: ckjcareltd1@gmail.com | <ul style="list-style-type: none"> • Older people • People with disabilities | <ul style="list-style-type: none"> • Personal care • Cleaning • Support with meals • Appointments • Shopping • Companionship • Dog walking | <ul style="list-style-type: none"> • St Asaph • Rhuddlan |
| Rob Jones Rob's Gardens | No | Tel: 07585707306 Email: Rob75robert@gmail.com | <ul style="list-style-type: none"> • Older People • People with disabilities | <ul style="list-style-type: none"> • Gardening • DIY | Across Denbighshire |

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|--|----------------|---|---|---|-----------|
| Jane Hughes Clwydian Care | Yes | Tel: 07944927099 Email: Ads931@btinternet.com | <ul style="list-style-type: none"> • Older People • People with disabilities | <ul style="list-style-type: none"> • Housework • Shopping • Trips out • Companionship • Cleaning • Cooking • Dog walking • Gardening | St Asaph |
| Andrew Nelson Nelson's Micro-Care | No | Tel: 07355689244 Email: andy@nelsonsmc.co.uk | <ul style="list-style-type: none"> • Older People • People with disabilities • Young People(aged 14 – 18years) | <ul style="list-style-type: none"> • Housework • Shopping • Trips out • Companionship • Cleaning • Cooking • Dog walking • Professional technology Services • Personal care for young people | Prestatyn |

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|---|----------------|---|--|--|-----------|
| L.E.A.H – Letting Everyone Access Help Leah Taylor | No | Tel: 07910060442 Email: leahntaylor@icloud.com | <ul style="list-style-type: none"> • Older People • People with disabilities | <ul style="list-style-type: none"> • Housework • Shopping • Trips out • Companionship • Cleaning • Cooking • Dog walking | Prestatyn |
| Mandy’s Homely Help Mandy Roberts | No | Tel: 07917318819 Email: mandyhomelyhelp@outlook.com | <ul style="list-style-type: none"> • Older People • People with disabilities | <ul style="list-style-type: none"> • Housework • Shopping • Trips out • Companionship • Cleaning • Cooking • Dog walking • Gardening | St Asaph |

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|---|----------------|---|---|---|--|
| Supportive Solutions Nicola Jooste | No | Tel: 07920054258 Email: nickywernbach@hotmail.co.uk | <ul style="list-style-type: none"> • Older People • People with disabilities • Young People(aged 14 – 18years) | <ul style="list-style-type: none"> • Housework • Shopping • Trips out • Companionship • Cleaning • Cooking • Dog walking • Personal care for young people | St Asaph, Bodelwyddan and surrounding area |
| Lee's Cleaning Service, Jonathon Lee | No | Tel: 07300818562 | <ul style="list-style-type: none"> • Older People • People with disabilities • Younger People | Cleaning | <ul style="list-style-type: none"> • Denbigh • Bodfari |

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|---|----------------|---|--|---|---|
| Guardian Home Care, Dean Plant | No | Tel: 07748666426 Email: guardianhomecare23@yahoo.com | <ul style="list-style-type: none"> • Older People • People with disabilities | <ul style="list-style-type: none"> • Personal care • Cleaning • Support with meals • Appointments • Shopping • Companionship • Gardening • DIY • Cooking | <ul style="list-style-type: none"> • Prestatyn • Rhyl |
| MKH Care | No | Tel: 07864385856 Email: mkhhomecare23@yahoo.com | <ul style="list-style-type: none"> • Older People • People with disabilities | <ul style="list-style-type: none"> • Personal care • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking | <ul style="list-style-type: none"> • Prestatyn • Rhyl |

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|--|----------------|---|--|---|------------------------|
| Peter Greulich, Safe Harbour Services | No | Tel: 07776257447 Email: p.greulich944@gmail.com | <ul style="list-style-type: none"> • Older People • People with disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Gardening • Trips out | Denbigh |
| Joanne Dixon, Breakthrough Health & Wellbeing Solutions | No | Tel: 07731833011 Email: contact@breakthroughhealthsolutions.co.uk | <ul style="list-style-type: none"> • Older People • People with disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Gardening • Trips out • Personal Care | Across Denbighshire |

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|--|----------------|---|--|---|----------------|
| Hannah Vallance, SIAH (Supporting Independence at Home) | No | Tel: 07769237566 Email: SIAHDENBIGHSHIRE@GMAIL.COM | <ul style="list-style-type: none"> • Older People • People with disabilities | <ul style="list-style-type: none"> • Personal Care • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Gardening • Trips out | Ruthin |
| Juliet Itive, Juliet's Kind Care | No | Tel: 07776749086 Email: itive83@gmail.com | <ul style="list-style-type: none"> • Older People • People with disabilities | <ul style="list-style-type: none"> • Personal Care • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | Prestatyn area |

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|---|----------------|---|--|---|---|
| Nerys Jones, NJ Care & Support | Yes | Tel: 07799750931 Email: nerysj18@gmail.com | <ul style="list-style-type: none"> • Older People • People with disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out • Gardening | Denbigh |
| Laura Jones, Independence | No | Tel: 07816250613 Email: independenceprivatecare@gmail.com | <ul style="list-style-type: none"> • Older People • People with disabilities | <ul style="list-style-type: none"> • Hairdressing • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Rhyl • Prestatyn and surrounding areas |

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|------------------------------------|----------------|---|--|--|--|
| Shirley Taylor Private Care | No | Tel: 07873894277 Email: shirleytaylor0910@gmail.com | <ul style="list-style-type: none"> • Older People • People with disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Bodfari • Denbigh • Llandyrnog |
| Melissa Clark Care by Mel | No | Tel: 07515644831 Email: melissa.jane1975@hotmail.com | <ul style="list-style-type: none"> • Older People • People with disabilities | <ul style="list-style-type: none"> • Personal Care • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Rhyl • Ruthin |

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|---|----------------|---|--|--|--|
| Nathan Jones, Your Time Support Services | Yes | Tel: 07552252438 Email: nawrian@icloud.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | Prestatyn area |
| Sarah Morgan, Hiraethog Home Comforts | No | Tel: 07825738736 Email: sarahcmorgan76@outlook.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out • Gardening | <ul style="list-style-type: none"> • Corwen • Ruthin |

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|--|----------------|---|--|---|---|
| Catherine Jones, Home Genie | No | Tel: 07842310935 Email: homegenie2024@outlook.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Denbigh • Ruthin |
| Rachel Ryland, RRR Support | No | Tel: 07777495272 Email: RRRuthin@gmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Medication prompting • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | Ruthin |

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|--|----------------|---|--|---|--------|
| Laura Burkhill, TLC Providers | No | Tel: 07985976092 Email: tlcprovider@yahoo.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | Ruthin |
| Jodie Pike, Happy Hearts Help | No | Tel: 07776305729 Email: mrsjodiepike@hotmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | Ruthin |

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|---|----------------|---|--|--|--|
| Debra Hughes, Count on a Smile | No | Tel: 07521843812 Email: countonasmile@gmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Prestatyn • Rhyl • Meliden • Rhuddlan |
| Della Black, Flourish Home Support | No | Tel: 07397266377 Email: dellasflourishathome@gmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities • Young People | <ul style="list-style-type: none"> • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out • Dog walking | <ul style="list-style-type: none"> • Denbigh • Henllan • St Asaph |

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|---|----------------|---|--|--|---|
| Matthew Kerry, Inspirational Support | No | Tel: 07917632823 Email: mattykerry.1@outlook.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Denbigh • St Asaph • Ruthin |
| Julie Evans Julie home care | No | Tel: 07493213374 | Older people | <ul style="list-style-type: none"> • Shopping • Dog walking • Cleaning • Companionship • Appointments • Trips out | <ul style="list-style-type: none"> • Rhyl • St Asaph |
| Ruth Jones Home from Home | No | Tel: 07766202691 Email: ruthy.jones@btinternet.com | Older people | <ul style="list-style-type: none"> • Cooking • Dog walking • Cleaning • Companionship • Trips out | Ruthin |

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|--|----------------|---|--|--|---|
| Rachel Lewis Care with Love | No | Tel: 07710161923 Email: carewithlove2024@gmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Prestatyn • Rhyl • St Asaph |
| Michelle Maley Mam Cares | No | Tel: 07789672188 | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Rhyl • Rhuddlan • Dyserth |

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|--|----------------|---|--|--|---|
| Tracey Griffiths TMG | No | Tel: 07947172608 Email: tmg.communitycare@gmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Ruthin • Denbigh • Llandyrnog • Gellifor |
| Amanda Rafferty A R Care Services | No | Tel: 07910804553 Email: a.rafferty@mail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | Prestatyn |

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|---|----------------|---|--|--|--|
| Emma Gray TW Care | No | Tel: 07528672474 Email: twcorwen@gmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Corwen • Llandrillo • Llangollen • Ruthin |
| Lorraine Robinson Here to Help | No | Tel: 07387144730 Email: HeretoHelp24@outlook.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Rhyl • Prestatyn • Rhuddlan • Dyserth |

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|---|----------------|---|--|--|--|
| John Worthington Mr Shine | No | Tel: 07876251987 Email: mrshine1926@gmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Rhyl • Bodelwyddyan • St Asaph |
| Chris Salter Salter's Micro-care | No | Tel: 07716164087 Email: saltersmicrocare@yahoo.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Rhyl • Rhuddlan • Prestatyn |

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|---|----------------|---|--|--|---|
| Caroline Maddocks Caroline's Care Solutions | No | Tel: 07590584641 Email: callymaddocks1@hotmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Prestatyn • Rhuddlan • Rhyl |
| Sarah Douglas Premier Cleans & Private Carer | No | Tel: 07955591435 Email: premiercleans@hotmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Prestatyn • Rhyl • St Asaph |

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|--|----------------|---|--|--|--|
| Racel Lewis Care with Love | No | Tel: 07710161923 Email: carewithlove2024@gmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Prestatyn • Melidan • St Asaph |
| Audrey Finnan CarePlus Denbighshire | No | Tel: 07419120359 Email: audreycfinnan@aol.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Prestatyn |

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|--|----------------|---|--|--|--|
| Nest Jones Hand in Hand | Yes | Tel: 07917387620 Email: nest.jones@yahoo.co.uk | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Ruthin • Corwen • Rhyl |
| Pepita Cretney, Pep's Microcare | No | Tel: 07979101307 Email: pepicretney@gmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Prestatyn • Melidan • St Asaph |

Micro-provider listing

| Micro-provider | Welsh speaker? | Contact details | People supported | Services offered | Where? |
|--|----------------|---|--|---|--|
| Karen Jones Counsellor and Emotional Wellbeing Practitioner | Yes | Tel: 07743447435 Email: karenjones@sky.com | <ul style="list-style-type: none"> • Older People • People with Disabilities • Adults | <ul style="list-style-type: none"> • Counselling • Wellbeing Practitioner • Companionship | <ul style="list-style-type: none"> • Online • Rhyl • Prestatyn • Rhuddlan |
| Stephen Johnson Trusted Home Caring | No | Tel: 07947094261 Email: trustedhomecaring@outlook.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Prestatyn • Rhyl • Rhuddlan • Bodelwyddan |
| Brett Evans | No | Tel: 07349520963 Email: brttvns@live.co.uk | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Rhyl • Bodelwyddan |

Micro-provider listing

| Micro-provider | Welsh speaker? | Contact details | People supported | Services offered | Where? |
|---|----------------|---|---|---|--|
| Karen Hanna Caring Kind | No | Tel: 07825819789 Email: karenl.hanna@btinternet.com | <ul style="list-style-type: none"> • Older People • People with Disabilities • Young People(aged 14 – 18years) | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Rhyl • Prestatyn • Dyserth |
| Ffion White Lles Clwyd Wellbeing | Yes | Tel: 0776995867 Email: ffijones@hotmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities • Young People(aged 14 – 18years) | <ul style="list-style-type: none"> • Guided walks • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Ruthin • Denbigh • Corwen |

Micro-provider listing

| Micro-provider | Welsh speaker? | Contact details | People supported | Services offered | Where? |
|--|----------------|---|--|--|---|
| Manon Edwards, Help Llaw | Yes | Tel: 07584304621 Email: helpllaw@outlook.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • St Asaph • Ruthin |
| Lisa Rahim, Grace and Harmony Care Services | No | Tel: 07800560207 Email: lisadean78@yahoo.co.uk | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Dyserth • Rhuddlan • Rhyl |

Micro-provider listing

| Micro-provider | Welsh speaker? | Contact details | People supported | Services offered | Where? |
|---|----------------|---|--|--|---|
| Bedwyr Griffiths, Gofal Support | Yes | Tel: 07307383929 Email: ed321@btinternet.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Denbigh • Ruthin • St Asaph |
| Christine Thomas, Companion Care Denbigh | No | Tel: 07751310666 Email: christhomascat@tiscali.co.uk | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Denbigh |

Micro-provider listing

| Micro-provider | Welsh speaker? | Contact details | People supported | Services offered | Where? |
|--|----------------|---|--|--|---|
| Jane Stockport, JS Home Support | No | Tel: 07905438643 Email: janestockport@yahoo.co.uk | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Ruthin • Denbigh • St Asaph |
| Beverley Davenport, Bespoke Care by Bev | No | Tel: 07583264121 Email: casadavy@yahoo.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Prestatyn • Rhyl • Dyserth |

Micro-provider listing

| Micro-provider | Welsh speaker? | Contact details | People supported | Services offered | Where? |
|------------------------------------|----------------|---|--|--|---|
| Rebecca Robinson, Companara | No | Tel: 07729460430 Email: companara@protonmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities • People with dementia | <ul style="list-style-type: none"> • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out • Advocacy • Dog walking | <ul style="list-style-type: none"> • Rhyl • Prestatyn |
| Eleri Hughes, EverKindCare | Yes | Tel: 07956608124 Email: eleri119@gmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Rhyl • Prestatyn |

Micro-provider listing

| Micro-provider | Welsh speaker? | Contact details | People supported | Services offered | Where? |
|---|----------------|--|--|--|---|
| Carolyn Burkley, Tree Mend Us Care and Support | No | Tel: 07488586592 Email: c.a.burkey67@gmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Ruthin • Denbigh • Llangollen • Corwen |
| Alice Parry, 2 Hearts Homecare | No | Tel: 07928932603 Email: 2HeartsHomecareRhyl@gmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Rhyl • Prestatyn • St Asaph • Bodewyddan |
| Carter's (NW) CiC | No | Email: Carters.cic@outlook.com Tel: 07304 361 833 Website: www.carters-cic.co.uk | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Counselling • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Ruthin • Corwen • Llangollen |

Micro-provider listing

| Micro-provider | Welsh speaker? | Contact details | People supported | Services offered | Where? |
|--|----------------|--|--|---|---|
| Lisa Lee, The Rowan Tree | No | Tel: 07923 058292 Email: lisa@the-rowan-tree.co.uk | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Across Denbighshire |
| Ceris Davis, CD Help at Home | Yes | Tel: 07515909948 Email: Cdhelphathome@gmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Trefnant • Bodfari • Denbigh • Henllan |
| Clare Butters, Support Companion Services | No | Tel: 07305658630 Email: crbutters@hotmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Rhyl • Prestatyn • St Asaph |

Micro-provider listing

| Micro-provider | Welsh speaker? | Contact details | People supported | Services offered | Where? |
|--|----------------|---|--|--|--|
| Sarah Walton, Bridging Independence | No | Tel: 07774993834 Email: bridgingindependence@outlook.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Ruthin • Denbigh • St Asaph • Bodelwyddan |
| Georgina Harding, Kind Hands Care | No | Tel: 07387003727 Email: Kindhandscare@yahoo.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Corwen • Llangollen • Llandrillo |

Micro-provider listing

| Micro-provider | Welsh speaker? | Contact details | People supported | Services offered | Where? |
|---|----------------|---|--|--|--|
| Simone & Joanne, Elsie-Jane's Home Support | No | Tel: 07821870691 Email: Elsie-jane2025@outlook.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Personal Care • Medication prompting • Cleaning • Support with meals • Appointments • Shopping • Companionship • Cooking • Trips out | <ul style="list-style-type: none"> • Rhyl • Prestatyn • Rhuddlan • Dyserth |
| Rebecca Hearson, Creative Wellness | No | Tel: 07595187647 Email: rebeccahearsen0@gmail.com | <ul style="list-style-type: none"> • Older People • People with Disabilities | <ul style="list-style-type: none"> • Arts Therapy • Wellbeing Practitioner • Companionship | <ul style="list-style-type: none"> • Rhyl • Prestatyn • St Asaph • Bodelwyddan |
| Nerys Jones, Calon y Cartref – Heart of the Home | Yes | Tel: 07553030129 Email: calon.cartref@outlook.com | <ul style="list-style-type: none"> • Older People • People with Disabilities • Families | <ul style="list-style-type: none"> • Shopping • Errands • Companionship • Decluttering * organising | <ul style="list-style-type: none"> • Across Denbighshire |

Micro-provider listing